

Checklist for Emergency Kits 非常持出品チェックリスト

	Ck	Items	Date for repacking
Emergency Food	<input type="checkbox"/>	Instant rice, Hard biscuits, Canned foods Specific foods of your choice ()	
	<input type="checkbox"/>	Bottled water	
	<input type="checkbox"/>	Can-opener, Bottle-opener	
	<input type="checkbox"/>	Portable tableware, Disposable paper-plates, Paper-cups	
	<input type="checkbox"/>	Water bottle	
	<input type="checkbox"/>	Chopsticks, Cutleries	
Daily Necessaries	<input type="checkbox"/>	Towels	
	<input type="checkbox"/>	Tissue papers, Wet tissue papers	
	<input type="checkbox"/>	Plastic wraps	
	<input type="checkbox"/>	Gummed tapes	
	<input type="checkbox"/>	Matches, Lighters	
	<input type="checkbox"/>	Portable radio	
	<input type="checkbox"/>	Pens and memo pads	
	<input type="checkbox"/>	Disposable hand warmers	
	<input type="checkbox"/>	Flashlight, Extra batteries	
	<input type="checkbox"/>	Plastic mat	
	<input type="checkbox"/>	Old newspapers	
	<input type="checkbox"/>	Helmet	
	<input type="checkbox"/>	Work gloves	
	<input type="checkbox"/>	Whistle	
	<input type="checkbox"/>	Raincoat	
	<input type="checkbox"/>	Sanitary towels for women, Care items for the elderly	
Valuables	<input type="checkbox"/>	Cash (Coins of 10 yen are necessary)	
	<input type="checkbox"/>	Bank account books, Seals, ATM cards	
	<input type="checkbox"/>	Health insurance card, Other certificates for medical treatment	
	<input type="checkbox"/>	International driving license card, Passport	
	<input type="checkbox"/>	House keys, Car keys	
Medical Supplies	<input type="checkbox"/>	Bandage, Band-Aid, Swabs and cottons	
	<input type="checkbox"/>	Antiseptic	
	<input type="checkbox"/>	Cold remedy, Digestive medicine	
	<input type="checkbox"/>	Household medicine	
	<input type="checkbox"/>	Specified medical preparations ()	
	<input type="checkbox"/>	Eye-drop	
Clothes	<input type="checkbox"/>	Gauze mask	
	<input type="checkbox"/>	Clothes, Underwear, Socks	
	<input type="checkbox"/>	Handkerchiefs	
	<input type="checkbox"/>	Hat or cap	